

Leading with Passion

NDAFP | 12 Nov 2022 | Jen Brull MD FAAFP

Learning Objectives

The learner will...

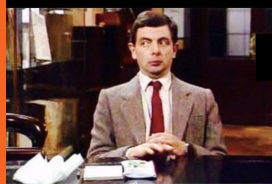
1. Find opportunities for leadership in family medicine that fit their passion.
2. Understand the path to leadership within the AAFP.
3. Take the next step on their own leadership journey!



Finding Opportunity

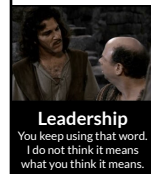
aka
how to become a leader without
any leadership experience

Interviewer: Do you have any experience in a leadership role?
Me: Well, I'm the admin of a Whatsapp group.



Early Leadership

1. Explore options (say "yes")
2. Support others
3. Add value



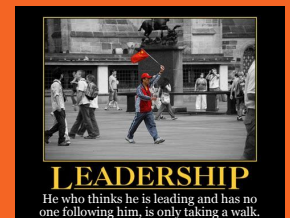
Leading Forward

1. Adopt a growth mindset
2. Lift others
3. Narrow your focus (say "no")



Family Medicine Leadership

aka
the world is your oyster





Leadership Opportunities for FM

- Your TEAM
- Your PRACTICE
- Your COMMUNITY
- Your STATE
- Your NATION

Did you know?

The screenshot shows the AAFP website with a navigation bar including links for CME, Family Physician, Med Student & Resident, Events, Membership, Advocacy, and News. The main heading is 'Opportunities for Physician Leadership Development'. Below this, there is a sub-heading 'Leading Physician Well-being Program' and a description: 'Join a tuition-free certificate program designed to help you develop the leadership skills you need to spearhead changes that lead to well-being in your practice or health-care organization.' There are also two boxes: 'AAFP Leadership Conference' and 'AHA Physician Alliance'.



AAFP Member Interest Groups

The AAFP is committed to giving all members a voice within our increasingly diverse organization. MIGs were created as a way to define, recognize, and support AAFP members with shared professional interests.

- Network with fellow members
- Participate in interest-specific continuing professional development activities
- Deliver a unified message to leadership
- Suggest AAFP policy
- Pursue professional leadership development within the AAFP
- Connect to existing resources in their area of interest
- Meet face-to-face at Family Medicine Experience (FMX)
- Participate in an online community forum for discussion and idea-sharing



AAFP Member Leadership Positions

- **AAFP Commissions:** Members are appointed by the board to discuss current issues or new ideas.
- **The Congress of Delegates:** AAFP's policy-making body. Delegates are elected by their chapters.
- **The Board of Directors:** Delegates are elected by the Congress of Delegates, nominated by chapters.

State AFP Leadership Opportunities

- Officers
- Board
- Delegates
- Foundation



Resident Leadership Positions

Elected National AAFP Leaders

- ✓ AAFP Board of Directors: Resident Member
- ✓ Resident Chair of National Conference
- ✓ Resident Delegate to the AAFP Congress of Delegates

AAFP Commissions

AAFP Advisory & Program Boards

Representative + Liaison Positions

- ✓ Resident Delegate to the American Medical Association – Resident and Fellow Section (AMA-RFS)
- ✓ Resident Delegate to the American Medical Association House of Delegates
- ✓ Resident Member of the AAFP Foundation Board of Trustees
- ✓ Resident Member to FamMedPAC
- ✓ Resident Member to Society of Teachers of Family Medicine (STFM) Board of Directors
- ✓ Resident Member to the Association of Family Medicine Residency Directors (AFMRD)
- ✓ Review Committee for Family Medicine (RC-FM) Resident Member



Student Leadership Positions

Elected National AAFP Leaders

- ✓ AAFP Board of Directors: Student Member
- ✓ Student Chair of National Conference
- ✓ Student Delegate to the AAFP Congress of Delegates

AAFP Commissions

AAFP Advisory & Program Boards

FMIG Network Leaders

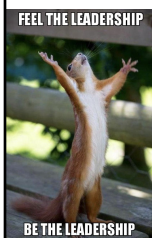
- ✓ Family Medicine Interest Group (FMIG) Network National Coordinator
- ✓ Family Medicine Interest Group (FMIG) Network Regional Coordinator

Representative + Liaison Positions

- ✓ Student Delegate to the American Medical Association - Medical Student Section (AMA-MSS)
- ✓ Student Liaison to the Latino Medical Student Association
- ✓ Student Liaison to the Student National Medical Association
- ✓ Student Member to FamMedPAC
- ✓ Student Member of the AAFP Foundation Board of Trustees
- ✓ Student Member to Society of Teachers of Family Medicine (STFM) Board of Directors

Connecting the Dots

aka
personal leadership planning



What's Next?

1. Be intentional
2. Be ready
3. Be YOU

Q+A

Jen Brull | jen@brull.cloud