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Jane Dietz Winston MD, CMD-R, FAAFP



**Dr. Dietz at the Casselton Medical Center 1983 - Maricopa County AZ medical reserve corps volunteer vaccinator 2021 - Jane & Roger at home in Fargo**

Undergraduate School: University of North Dakota

Medical School: University of North Dakota (UND) School of Medicine and Health Sciences

Residency: internship: Hennepin County Medical Center, Minneapolis MN, family medicine residency: UND Family Practice Center, Fargo ND

Additional training: geriatric fellowship: Sun Health/St. Joseph's, Phoenix AZ.

Current Position/Practice Location: I retired from my geriatric medicine practice at Sanford Health in Fargo in 2020 just before the Covid-19 pandemic began. As an advocate for age-friendly care for older adults I volunteered and served on the North Dakota Medical Association Covid-19 Physician Advisory Group and the American Medical Directors Association (AMDA) Covid-19 State Task Force. In 2021 I was appointed to the AMDA State Based Policy & Advocacy Subcommittee. I am also a member of the Maricopa County Department of Public Health Medical Reserve Corps and serve as a volunteer vaccinator in Arizona.

Family: My husband Roger Grimm and I reside in Fargo ND and enjoy time away in the winter in Arizona. I have 3 stepdaughters and 4 grandchildren and one great grandchild. I also enjoy reading, cooking, walking, yoga, golf, and travel.

**Family Medicine Questions:**

1. Why did you choose Family Medicine? As a student I struggled to choose a specialty as I liked all my rotations. I chose a rotating internship and then did general practice in Casselton ND for three years. I realized that I loved the variety of patients and completed a family medicine residency. My focus and passion changed to caring for older adults after completing a mid-career geriatric fellowship.
2. Who is someone along your path that inspired you and why? As a young physician in Casselton in the early 1980s I met Dr. Bob Geston who practiced for many years in West Fargo. Bob became a mentor and encouraged me to get involved in the state medical association political action committee. I've been involved in health care advocacy ever since. As the Covid 19 pandemic evolved and North Dakota led the nation in nursing home COVID19 deaths per capita I observed that the health department struggled to

reach nursing home medical directors to quickly communicate infection control practices, testing measures, and visitation guidelines as there was no public listing of medical directors. I assembled a coalition of stakeholders and North Dakota became the first and only state to accomplish the goal of a public medical director registry. Here's the link to an article I wrote for the AMDA publication "Caring for the Ages" about the project earlier this year.

3. What advice would you give to a young physician starting out? Use your voice in your community! We are content experts and patients respect us and look to us for guidance. This became particularly important during the pandemic public health emergency with the associated widespread disinformation.

**Fun Questions:**

1. The last book you read? *The Farmer's Lawyer: The North Dakota Nine and the Fight to Save the Family Farm* by Sarah Vogel
2. What is your secret talent that no one knows about? I played the accordion as a child!
3. How many states have you visited? 44 I think